

Community Wellbeing

Promote safe, healthy, and active lifestyles utilizing local community resources encompassing social, environmental, physical, and mental wellbeing.

Community wellbeing encompasses social, environmental, physical, and mental health and serves as a key component of a high quality of life. Promoting community wellbeing requires access to safe neighborhoods, recreational opportunities, healthcare resources, natural amenities, and supportive social networks that encourage healthy and active lifestyles for residents of all ages and abilities.

Community partners throughout Lowndes County continue to support wellbeing through healthcare services, recreation programs, environmental stewardship initiatives, and community-based organizations. The SGMC Community Health Needs Assessment identifies health priorities affecting residents and provides valuable insight into opportunities to improve health outcomes and quality of life throughout the community. By understanding local health challenges and community assets, local governments and partner organizations can better support efforts that promote preventive health, healthy living, and overall wellbeing.

The policies contained herein reflect recommendations from various community organizations and entities committed to quality of life as well as quality of life best practices that support this multifaceted goal.

