

with an introduction to the program, description of contents of program, incentives to be provided, benefits and risks of enrollment to parents and children, and Informed Consent Forms for the parents to sign. Once the consent to participate in the evaluation are completed, the parent's and children are separated and either interviewed individually or in groups by having the trainers, site coordinator, and evaluation staff read the questions while the clients confidentially mark their answers. The answers can be marked directly on the questionnaires or on optical scan answer sheets. After the ending of the program, the families are post-tested. The same instruments are used for the pre-test and post-test.

Parents and the group trainers complete data on only one target child (the one in the age group with the most problems), but all children complete the Children's Interview Questionnaire. The child is not told that they are the "target child" for the purposes of the evaluation. This cuts the testing burden as it could be difficult for tests to be collected from parents on all their children. If both parents or caretakers come, they can rate two children if they have two children. Most of the time, they rate the one "target child". All children in the family are allowed to take the pre-and post-tests (and older siblings) even though the data will not be used in the data analysis for children younger than 9 years of age, because the responses are generally not valid or reliable. The young children enjoy being interviewed and their answers are clinically useful to the therapist/trainers.

Goals

- Enhance the capacity of counties to reduce risk factors and strengthen protective factors for at-risk youth through evidence-based programs.
- Ensure EBP is being implemented with fidelity.

Objectives

- Provide Strengthening Families Program for five years.
- Have a 75% successful completion rate in all recipient counties.

IV. **Project activities and services:**

- A. Project's service delivery plan. In other words, explain how the agency will achieve project goals. State how services will be implemented or enhanced.

The Strengthening Families Program will be from 5:30pm to 8:00pm. The family will be served a meal from 5:30 until 6:00pm. Teen and Parents will meet from 6:00 to 7:00 and then followed by Family Group from 7:00-8:00. Groups will meet once a week for the duration of the group.

The Strengthening Families Program (SFP 7-17) is an evidence-based prevention program for parents and children in at-risk families. SFP sessions include all the critical core components of effective evidence-based parenting programs including: parent and child practice time in the family sessions learning positive interactions, communication, and effective discipline. The parenting sessions review appropriate developmental expectations, teach parents to interact positively with children (such as showing enthusiasm and attention for good behavior and letting