Oral Glucose (Glutose®, Insta-Glucose®)

Indications: Conscious patient with suspected hypoglycemia

Adult dose range: 15g PO

Pediatric dose range: 7.5g PO

Time to onset: 5 to 10 minutes

Contraindications:

- Decreased level of consciousness
- Inability to swallow
- Nausea/vomiting

How is it given?

• Oral

What should be monitored?

- Level of consciousness
- Blood glucose

Major drug interactions:

• None in the emergency setting

What side effects/potential complications are expected?

- Nausea/vomiting
- Improvement in blood sugar levels

Are there any special instructions/considerations?

- Must be swallowed.
- Check glucose readings before and at least 10 minutes after administration