## **NAUSEA / VOMITING**

Gastric upset Emesis

Routine Medical Care Obtain baseline vitals Recommend electrolyte fluids such as Gatorade/Powerade or Pedialyte (for children) to combat dehydration Consider causes (cardiac, poisoning, motion sickness etc.) Obtain baseline vitals and history. If systolic BP is <100, assess and treat for shock. If symptoms have not subsided after 10 minutes, suggest patient seek evaluation and treatment at medical facility. If patient is exhibiting signs of shock, arrange for IMMEDIATE EMS transport. Monitor vitals every 15 minutes for stable patients and every 5 minutes for unstable patients until transported by

EMS.