FROSTBITE

Routine Medical / Trauma Care

Remove patient from exposure

Attempt to determine initial time of exposure.

Remove any wet or constrictive garments from the affected site.

DO NOT attempt to re-warm in the field.

Cover any thawed parts with a loosely applied, dry sterile dressing.

Recommend transport to medical facility for evaluation.

For any cases of major frostbite (loss of pulses, motor ability or control, apparent tissue death) arrange for *IMMEDIATE* EMS transport.

Monitor vitals every 15 minutes for stable patients and every 5 minutes for unstable patients until EMS arrival.

Reddened, blotchy or blackened appearance to affected area.

Loss of sensation to affected area.

Sloughing or blistering of skin in affected area.