Valdosta Psychiatric Associates

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October 7, 2021

To Whom It May Concern:

I am writing on behalf of Stephanie Hughes and her interest in opening a Flotation Therapy business in Valdosta. I am a Licensed Marriage and Family Therapist who has been practicing since 1990. I have been in a private practice here in Valdosta since 2000.

I know that Flotation Therapy can be considered by some to be a spa like treatment. However, the Flotation Therapy is used as an adjunct to therapy and medications for mental health disorders. It has been used successfully in helping to treat depression and anxiety. There is also value in using this type of therapy for chronic pain patients.

I know that Mrs. Hughes isn't wanting to use this as a spa type treatment. Her interest is helping others that may suffer from chronic pain, depression and anxiety.

I hope this information is helpful as you make a decision on the type of business that she will be conducting. If you have any questions, please do not hesitate to contact me.

Sincerely:

Jeff Bickers, LMFT

Ga. Lic. #812