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The Health Benefits Of Float Therapy



The number of natural therapies surfacing in the health industry is accelerating and this is a boon for those seeking alternative methods to healing. As conventional medical practices continue to focus on the symptoms and prescribe toxic medications that does nothing to relieve the source of the condition, natural health professionals are bringing back traditional methods of healing and combining some of them with new technology that facilitates a natural healing process.

This current trend has essentially flipped the old saying “out with the old, and in with the new” on its head because people are starting to realize that the “old fashioned” ways of dealing with illness are much less risky and quite often more effective than conventional medicine approaches. In this case, “in with the old and out with the new” might be more appropriate.